



Flexible support for independent living

real people *real care*



princescourt  
**AT HOME**

# *A vibrant community lifestyle...at home*

Princes Court is an aged care community, bonded by a belief that everyone deserves to feel happy, safe, valued, and respected.

We have been part of the Mildura community for more than 60 years, giving us experience and expertise to support you and your family when considering aged care services.

## *Flexible support for independent living*

Princes Court At Home provides flexible, responsive in-home care and support services to assist you with continuing to live independently in your own home. You decide what you need from us, and when you need it.

Figuring out when the “time is right” can be challenging, but a few signs to help include reduced mobility or difficulty completing routine daily activities; increased forgetfulness; or difficulty maintaining your home; or getting to appointments.



# How to access a Home Care package

<b>1</b> Come and have a chat	Make a time to meet with the Princes Court At Home Care Coordinator
<b>2</b> Obtain an ACAT assessment	Book an assessment at My Aged Care – online, or on the phone (1800) 200 422. You can make your own appointment, or it can be made by a carer, social worker, a family member, doctor or service provider. The website has a tool to help you check your eligibility.
<b>3</b> Assessment Team	The assessment team will make an appointment to come to your home and interview you to assess what assistance you need and if you are eligible for government-funded services.
<b>4</b> Home Care Package Approval	You will receive notification from the Department of Health advising of what level of care you have been assessed for.
<b>5</b> Home Care package allocation	You will be notified when your Home Care package is assigned.
<b>6</b> Choosing a Home Care provider	Once you have been assigned your package, you have 56 days to find a suitable Home Care provider. The team at Princes Court at Home can help you develop your plan. Contact us on (03) 5055 0911 or 0478 743 988.
<b>7</b> Ongoing support and changing needs	Princes Court at Home will continue to work with you to ensure your needs are being met.



# At Home services

*We can tailor a package to meet your specific needs and goals, with services such as:*



## **Personal Care**

Assistance with activities of daily living (ADLs) including showering, dressing, grooming, and mobility



## **Social Support**

One-to-one support for companionship at home, social engagement, and cognitive stimulation; transportation and support to attend appointments such as the doctor and dentist, social activities, shopping or paying bills



## **Nursing Care**

Including wound management, and medication management (but not administration)



## **Domestic Cleaning**

Grocery shopping and meal preparation; general housekeeping; laundry; and household cleaning tasks



## **Home Maintenance & Gardening**

Minor repairs and maintenance, mowing lawns, pruning, gardening etc



## **In-home Respite**

Provide respite within the client's home to enable your family and caregivers to take a break

*" We are impressed with the customer focus provided by Princes Court At Home. We have found Princes Court staff very helpful in explaining the structure of Home Care and in delivering the services we need in our home here. These services have been very effective and innovative."*

**BARRIE & NOLA MACMILLAN**

# How much does it cost?

Depending on your circumstances and the outcome of your Aged Care assessment, your entire Home Care package may be covered by Government funding without additional cost to you.

In other situations, you may be required to contribute towards your services.

The cost of home care to you depends on:

- Your government-subsidised contribution
- The services you would like to receive and how often
- Your additional contribution as determined by Government means testing

## We are here to help

Our team can help with activities of daily living, transport, companionship, or be there when your usual caregivers need to travel, work, or run other personal errands. If there's something you need that we haven't listed, or if you'd like more information, please reach out to us.



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Phone (03) 5055 0911 or 0478 743 988

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